



# Circus & Performing arts at AFUK Daghøjskole

Circus & Performing arts are based on circus, stage-work and physical consciousness, with a large amount of group teaching, ensemble-work and real-life production.

AFUK Daghøjskole is a 6 till 12 month course, supported by Copenhagen Municipality, primarily for Copenhagen citizens.

## Circus 1 – For starters and the slightly experienced.

You have zero to little specific experience. You're motivated to see if circus training is something you thrive in, and want to get into physical shape, strengthen your consciousness about your physical capability in a different and non-competitive way. In Circus 1 the focus is on basic training within 3 areas: Floor acrobatics, strength and agility. There will be continuous introduction to, and training in, a series of circus disciplines. Beyond that there will be training in stage-work and movement. Which specific disciplines are available can vary from year to year, but typically rope, trapeze, pair acrobatics, juggling, handstand and straps will be available.

## Circus 2 – For the experienced

You're in good physical shape, you're dedicated to circus training and you want to apply higher educations to make it your career to someday do international contemporary, physical performance or other physical stage-work on a professional level.

The class has intense daily circus training, together with Circus 1, and sometimes with instructor and on your own. The instruction will be based on your individual training and level, and will strengthen your ability to work independently and in collective processes. There will be a focus on projects and stage expression.

## Commonalities between courses

Besides collective warmup, the Circus 1 & 2 courses will have classes together in improvisation, storytelling and stage presence, movement, dance, ensemble productions and thematic assignments in groups and solo. There will be independent work in connection with assignments. You'll perform at events, cabarets and shows both in- and exhouse.

## Daily life at AFUK

Classes are Monday to Friday, 9am to 3pm. There will be some evenings and weekends with classes connected to productions, events, excursions etc.

As a student at AFUK you will be a member of the association Ørkenfortet, which means you can use the spaces after school, afternoons, evenings and weekends.

You will participate in open stage, help with events and performances. Be a part of the AFUK house, which is a network of students, semi-and professional people, where a lot of things are going on 😊



## Teachers:

Manuel Mayorga, Aurelie Bernard, Max Berendt, Stine Eva Jørgensen, Troels Hagen Findsen, Katrina Bugaj, Mikkel Hobitz Filtenborg, Stine Pilmark and other teachers from AFUK and our network

## Further education and job-potential

Many former AFUK students work in the cultural business. Part of them as educated actors and contemporary circus artists – others as directors, set designers, playwrights and dancers. Part of our former students also work in pedagogical communication, entrepreneurship and communication in different fields.

## How to be a student at AFUK Daghøjskole.

Send a mail to [afuk@afuk](mailto:afuk@afuk) with your name and phone number.  
Attend the tryouts : May the 13<sup>th</sup> and 14<sup>th</sup> – both days from 9-15

## Start autumn 2024:

The 13<sup>th</sup> of August 2024.

## Price:

### If you are a citizen of Copenhagen, with Danish cpr-number:

Price: 9.000,- Danish kr. from August till December

Price: 9.000,- Danish kr. from Januar till July

### If you doesn't have a Danish Cpr-number and an address in Copenhagen:

Price from august till December : 43.500 Danish kr.

Price from January till July: 52.000,-danish kr.

1 year 95.500,-

## Insurance:

All students must have their own accident insurance or a student membership in Dansk Artistforbund, which will then cover insurance. The price is DKK 207,- per month paid 7 months at a time.

## Are you a foreigner?

Applicants from the Nordics can freely enter Denmark. When you have registered an address in Copenhagen, you can apply for a cpr number in international house. Read more at [www.ihcph.kk.dk](http://www.ihcph.kk.dk)



## Do you come from EU or outside EU

Applicants from other EU countries can freely enter Denmark for a maximum of 3 months. This however means that you can't get a Danish cpr number. If you want to stay longer you have to acquire an EU-right of residence. You can read more about the requirements at [www.nyidanmark.dk](http://www.nyidanmark.dk)

Applicants from non-EU countries need a valid residency permit to stay in Denmark. This is acquired in your own country of residence at the danish embassy or consulate. You can read more about the requirements at [www.nyidanmark.dk](http://www.nyidanmark.dk)